

IN-PROGRAM CLIENT ASSESSMENT

Client Last Name: _____

Client First Name: _____

Date Form Completed: _____/_____/_____

Date of Last Assessment: _____/_____/_____

Assessor: _____

____ 1. Problem Recognition

- 0 At this level the client does not see a need for treatment
- 1 At this level the client recognizes some need for treatment but still somewhat reluctant
- 2 At this level the client fully recognizes need for treatment

____ 2. Problem Understanding

- 0 At this level the client doesn't understand the link between personal risk factors and behavior
- 1 At this level the client recognizes link between risk factors and behavior but not on a personal level
- 2 At this level client is able to recognize link between risk factors and behavior specifically and in general

____ 3. Motivation to Change

- 0 Does not recognize problem and/or resistant to change—precontemplation
- 1 In contemplation stage—beginning to consider that help might be necessary
- 2 Motivated to change behavior—recognizes problem, recognizes need, actively preparing for or engaged in change.

____ 4. Treatment Participation

- 0 At this level the client has either not yet began the treatment process or is enrolled in groups but does not actively participate
- 1 At this level the client is in groups but sporadically participates in groups (either throughout a single session or across sessions, might not always complete homework, reluctant to participate fully in role plays or discuss personal situations relevant to group topics)
- 2 At this level the client regularly attends and participates in groups (homework is always completed, client is attentive in group, and adds to discussion, enthusiastically engages in role plays)

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____ 5. Communication with Resident Supervisors

- 0 At this level the client makes demands of staff, is hostile in verbal interactions. Most interactions with staff are considered negative
- 1 At this level the client, on occasion, uses communication skills (such as asking questions, asking rather than demanding, active listening) when interacting with staff. Interactions are mixed (some positive/some negative)
- 2 At this level most if not all interactions are positive.

____ 6. Communication with Therapists/Social Workers/Case Managers

- 0 At this level the client makes demands of staff, is hostile in verbal interactions. Most interactions with staff are considered negative
- 1 At this level the client, on occasion, uses communication skills (such as asking questions, asking rather than demanding, active listening) when interacting with staff. Interactions are mixed (some positive/some negative)
- 2 At this level most if not all interactions are positive.

____ 7. Program Compliance

- 0 At this level the client consistently violates rules and staff directives
- 1 At this level the client's adherence to rules and staff directives is inconsistent
- 2 At this level the client consistently follows the rules and staff directives

____ 8. Problem Solving

- 0 At this level the client consistently makes poor decisions
- 1 At this level the client understands the steps involved in problem solving but inconsistently applies them
- 2 At this level the client understand the steps involved in problem solving and consistently applies them

____ 9. Recognizes Cognitive Distortions, Beliefs, and Neutralizations

- 0 Fails to recognize and understand importance of cognitive distortions, etc. and their relation to behavior
- 1 Recognizes cognitive distortions
- 2 Recognizes distortions and can relate them to criminal behavior

____ 10. Ability to Generalize

- 0 At this level the client can only apply skills to role plays and in group settings
- 1 At this level the client is able to see how a newly learned skill might apply to past or future hypothetical events
- 2 At this level the client applies newly learned skills to events that happen on a daily basis