IN-PROGRAM CLIENT ASSESSMENT

Client Last Name: ____________________________________________
Client First Name: ____________________________________________

Date Form Completed: ___________/__________/__________
Date of Last Assessment: ___________/__________/__________

Assessor: ______________________________________________________________________________________

1. Problem Recognition
   0 At this level the client does not see a need for treatment
   1 At this level the client recognizes some need for treatment but still somewhat reluctant
   2 At this level the client fully recognizes need for treatment

2. Problem Understanding
   0 At this level the client doesn’t understand the link between personal risk factors and behavior
   1 At this level the client recognizes link between risk factors and behavior but not on a personal level
   2 At this level client is able to recognize link between risk factors and behavior specifically and in general

3. Motivation to Change
   0 Does not recognize problem and/or resistant to change—precontemplation
   1 In contemplation stage—beginning to consider that help might be necessary
   2 Motivated to change behavior—recognizes problem, recognizes need, actively preparing for or engaged in change.

4. Treatment Participation
   0 At this level the client has either not yet began the treatment process or is enrolled in groups but does not actively participate
   1 At this level the client is in groups but sporadically participates in groups (either throughout a single session or across sessions, might not always complete homework, reluctant to participate fully in role plays or discuss personal situations relevant to group topics)
   2 At this level the client regularly attends and participates in groups (homework is always completed, client is attentive in group, and adds to discussion, enthusiastically engages in role plays)
5. Communication with Resident Supervisors

0 At this level the client makes demands of staff, is hostile in verbal interactions. Most interactions with staff are considered negative
1 At this level the client, on occasion, uses communication skills (such as asking questions, asking rather than demanding, active listening) when interacting with staff. Interactions are mixed (some positive/some negative)
2 At this level most if not all interactions are positive.

6. Communication with Therapists/Social Workers/Case Managers

0 At this level the client makes demands of staff, is hostile in verbal interactions. Most interactions with staff are considered negative
1 At this level the client, on occasion, uses communication skills (such as asking questions, asking rather than demanding, active listening) when interacting with staff. Interactions are mixed (some positive/some negative)
2 At this level most if not all interactions are positive.

7. Program Compliance

0 At this level the client consistently violates rules and staff directives
1 At this level the client’s adherence to rules and staff directives is inconsistent
2 At this level the client consistently follows the rules and staff directives

8. Problem Solving

0 At this level the client consistently makes poor decisions
1 At this level the client understands the steps involved in problem solving but inconsistently applies them
2 At this level the client understand the steps involved in problem solving and consistently applies them

9. Recognizes Cognitive Distortions, Beliefs, and Neutralizations

0 Fails to recognize and understand importance of cognitive distortions, etc. and their relation to behavior
1 Recognizes cognitive distortions
2 Recognizes distortions and can relate them to criminal behavior

10. Ability to Generalize

0 At this level the client can only apply skills to role plays and in group settings
1 At this level the client is able to see how a newly learned skill might apply to past or future hypothetical events
2 At this level the client applies newly learned skills to events that happen on a daily basis