

FIDELITY CHECKLIST FOR
 MENTAL HEALTH, SUBSTANCE ABUSE and/or CASE MANAGEMENT
 GROUPS

Thinking for a Change Group Integrity Checklist

Program integrity must be a high priority to insure that lack of quality does not lead to program failure. Many programs meet the "Best Practices" criteria for offender populations, and still fail because program standards are not adhered to. The following checklist should be used to review a "*Thinking for a Change*" group to promote consistency in delivery of the program, therefore providing increased standardizations and potential for success of the offender.

	YES	NO
1. Each Activity in the lesson Plan was covered.	_____	_____
2. Current (most recent available) manual was used.	_____	_____
3. Facilitator kept personal examples to minimum (1-2 min.)	_____	_____
4. Appropriate positive reinforcement was given.	_____	_____
5. Facilitator engaged the group by using names, displaying belief in the material, energy, etc.	_____	_____
6. Facilitator reviewed <u>everyone's</u> homework and helped participants correct it as needed.	_____	_____
7. Facilitator coached and mentored <u>each</u> participant through the new activity (i.e. thinking report, role play, etc.)	_____	_____
8. Facilitator modeled objective, non-judgmental behavior and/or statements.	_____	_____
9. Facilitator utilized group rules as needed for redirecting inappropriate comments and/or behavior.	_____	_____
10. Facilitator was prepared for class (i.e. handouts, overheads, skill cards, room prepared, etc.)	_____	_____
11. Facilitator was aware of who was in the group (i.e. class roster, screening process for proper participant level, etc.)	_____	_____
12. Facilitator reinforced learning from prior lessons by asking questions about previous concepts.	_____	_____
13. Suggested number of participants was in the group (8-12)	_____	_____
14. Facilitator/s meets qualifications (trained by qualified <i>Thinking for a Change</i> trainer)	_____	_____