

## Alvis House Weekly Activity Tracker

<b>Client Name:</b>	<b>Case Manager Name:</b>	<b>Start Date:</b>
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**Structured Activity:** This is time where you are participating in pro-social activities. You should aim for at least 40 hours per week of these activities. This is a good way to help you organize your schedule and develop a routine for filling your life with productive activity.

**Ideas of Structured Activity:** Work (including transportation time); Job seeking; Groups; Medical or Mental Health appointments; Store Run; House Task or Major House Cleaning; Visitation; Case Management Session; Educational Classes such as GED, college class or employment readiness training; Structured Rec Time such as going to the gym; Community Service; Community Appointments/Tasks such as getting your ID and birth certificate.

<b>Monday Activities</b> <small>Please note the activity and the actual time you spent on an activity. (8:45am-9:30am) Individual Case Management Meeting).</small>	<b>Tuesday Activities</b>	<b>Wednesday Activities</b>	<b>Thursday Activities</b>	<b>Friday Activities</b>	<b>Saturday Activities</b>	<b>Sunday Activities</b>

<b>Total Hours of Activity for Day</b> To be calculated by Case Manager	<b>Total Hours of Activity for Day</b>	<b>Total Hours of Activity for Day</b>	<b>Total Hours of Activity for Day</b>	<b>Total Hours of Activity for Day</b>	<b>Total Hours of Activity for Day</b>	<b>Total Hours of Activity for Day</b>

Total Structured Time for the Week: \_\_\_\_\_

Client Signature:	Case Manger Signature:
Date:	Date: